

Mental Health Questionnaire



St Mary's
University
Twickenham
London

Mental Health Questionnaire



One of the roles of the Festival is to help develop good mental health care for everyone. As part of that process I am doing some research via St Mary's University Twickenham about the role of the church in good mental health care. The results of the research may be used towards the publication of articles, the presentation of papers at academic or other conferences and eventually towards a published PhD thesis.

To help that to happen, I should be really grateful if you could complete the following questionnaire by 30th November 2020. It will probably take you around 4-5 minutes.

This questionnaire can also be found online at: www.lovemelovemymind.org.uk

If you choose to complete the questionnaire on paper rather than online, please return the paper copy of the questionnaire to:
[Sue Bull, Questionnaire, St Barnabas' Church, Temple Road, Epsom, Surrey KT19 8HA.](mailto:Sue Bull, Questionnaire, St Barnabas' Church, Temple Road, Epsom, Surrey KT19 8HA)
or email a copy to: shbull@btinternet.com

Thank you so much for your time. I will ensure that your responses are confidential by using aggregated or synthesized data to produce the research document. Where quotes are used, they will be made anonymous and will not be able to be attributed to an individual.

Please complete the following form if you would like to know the outcome of the research project in due course.

Name
Email
Address
.....

Questionnaire

Please circle the number that most closely fits your opinion and add any comments.

To what extent do you agree with the following 5 statements:

- The church cares about good mental health?
Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5
Comments
- The church helpfully supports people in mental distress?
Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5
Comments
- The church challenges stigma about mental health issues?
Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5
Comments
- My thoughts on the church and mental health have changed since the development of the coronavirus pandemic in March 2020?
Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5
Comments
- Social distancing has impacted on the role of the church in good mental health care?
Not at all A little A certain amount Quite a lot A great deal
1 2 3 4 5
Comments

6. How could the church help overcome the impact of social distancing on good mental health?
7. What else, if anything, would you like the church to do for mental health care?
8. What would you hope for from the church if you were in mental distress?
9. Any other thoughts or questions.
10. I attend:
- A Church of England Church.
 - A Church of another denomination.
 - Another faith community.
 - I do not belong to a faith community.

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