

*The priest gives praise to God and all acclaim:*

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.**

*After the Consecration we acclaim the mystery of faith:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*or*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*or*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*At the end of the Eucharistic Prayer:  
Amen.*

### The Communion Rite

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us...  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

The peace of the Lord be with you always.  
**And with your spirit.**

**Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, grant us peace.**

Behold the Lamb of God...  
**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon**  
**They were all filled with the Holy Spirit  
and spoke of the marvels of God, alleluia.**

**Prayer after Communion**  
O God, who bestow heavenly gifts upon  
your Church,  
safeguard, we pray, the grace you have  
given,  
that the gift of the Holy Spirit poured out  
upon her  
may retain all its force  
and that this spiritual food  
may gain her abundance of eternal  
redemption...  
**Amen.**

### THE CONCLUDING RITES

The Lord be with you.  
**And with your spirit.**  
May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*At the end of Mass the people respond:*  
**Thanks be to God, alleluia, alleluia.**

### THE INTRODUCTORY RITES

#### Entrance Antiphon

**The Spirit of the Lord has filled the  
whole world  
and that which contains all things  
understands what is said, alleluia.**

*or*

**The love of God has been poured into  
our hearts  
through the Spirit of God dwelling within  
us, alleluia.**

*All make the Sign of the Cross as the priest  
says:*

**Priest** In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**People Amen.**

*The priest greets the people in one of these  
ways:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

**And with your spirit.**

*or*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

**And with your spirit.**

*or*

The Lord be with you.  
**And with your spirit.**

#### Penitential Act

*One of the following acts of penance is now  
made:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*(all strike their breast and say:)*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*or*

Have mercy on us, O Lord.  
**For we have sinned against you.**

Show us, O Lord, your mercy.  
**And grant us your salvation.**

*or*

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.  
**Christ, have mercy. Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

*After the absolution all respond: Amen.*

#### The Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;**

**you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the  
Father, have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### The Collect

O God, who by the mystery of today's great feast sanctify your whole Church in every people and nation, pour out, we pray, the gifts of the Holy Spirit across the face of the earth and, with the divine grace that was at work when the Gospel was first proclaimed, fill now once more the hearts of believers... **Amen.**

### THE LITURGY OF THE WORD

#### First Reading Acts 2:1-11

A reading from the Acts of the Apostles.

*They were all filled with the Holy Spirit and began to speak.*

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit and began to speak foreign languages as the Spirit gave them the gift of speech.

Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. "Surely," they said, "all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome – Jews and proselytes alike – Cretans and Arabs; we hear them preaching in our own language about the marvels of God."

The word of the Lord.

**Thanks be to God.**

**Psalm** Psalm 103

**R. Send forth your Spirit, O Lord, and renew the face of the earth.**

*or Alleluia!*

1. Bless the Lord, my soul!  
Lord God, how great you are.  
How many are your works, O Lord!  
The earth is full of your riches. **R.**
2. You take back your spirit, they die,  
returning to the dust from which they came.  
You send forth your spirit, they are created;  
and you renew the face of the earth. **R.**
3. May the glory of the Lord last for ever!  
May the Lord rejoice in his works!  
May my thoughts be pleasing to him.  
I find my joy in the Lord. **R.**

#### Second Reading Romans 8:8-17

A reading from the letter of St Paul to the Romans.

*Everyone moved by the Spirit is a son of God.* People who are interested only in unspiritual things can never be pleasing to God. Your interests, however, are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him. Though your body may be dead it is because of sin, but if Christ is in you then your spirit is life itself because you have been justified; and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, "Abba, Father!" The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

The word of the Lord.

**Thanks be to God.**

### Gospel Acclamation

**Alleluia, alleluia!**

**Come, Holy Spirit, fill the hearts of your faithful**

**and kindle in them the fire of your love.**

**Alleluia!**

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to John.

**Glory to you, O Lord.**

#### Gospel John 14:15-16. 23-26

*The Holy Spirit will teach you everything.*

Jesus said to his disciples:

"If you love me you will keep my commandments.

I shall ask the Father

and he will give you another Advocate to be with you for ever.

"If anyone loves me he will keep my word, and my Father will love him, and we shall come to him and make our home with him.

Those who do not love me do not keep my words.

And my word is not my own;

it is the word of the one who sent me.

I have said these things to you

while still with you;

but the Advocate, the Holy Spirit,

whom the Father will send in my name,

will teach you everything

and remind you of all I have said to you."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### The Homily

#### The Profession of Faith

**I believe in God,**

**the Father almighty,**

**Creator of heaven and earth,**

**and in Jesus Christ, his only Son, our**

**Lord,**

*(all bow during the next two lines)*

**who was conceived by the Holy Spirit,**

**born of the Virgin Mary,**

**suffered under Pontius Pilate,**

**was crucified, died and was buried;**  
**he descended into hell;**  
**on the third day he rose again from the dead;**

**he ascended into heaven,**  
**and is seated at the right hand of God**  
**the Father almighty;**  
**from there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,**  
**the holy catholic Church,**  
**the communion of saints,**  
**the forgiveness of sins,**  
**the resurrection of the body,**  
**and life everlasting. Amen.**

*The bidding prayers now follow:*

Let us pray to the Lord.

**Lord, hear our prayer.**

### THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the people acclaim each time:*

**Blessed be God for ever.**

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at your hands**

**for the praise and glory of his name,**

**for our good**

**and the good of all his holy Church.**

#### Prayer over the Offerings

Grant, we pray, O Lord, that, as promised by your Son, the Holy Spirit may reveal to us more abundantly

the hidden mystery of this sacrifice and graciously lead us into all truth...

**Amen.**

#### The Eucharistic Prayer

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

## The Eucharistic Prayer

The Lord be with you.  
And with your spirit.

Lift up your hearts.  
We lift them up to the Lord.

Let us give thanks to the Lord our God.  
It is right and just.

*The priest gives praise to God and all acclaim:*

Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.

*After the Consecration we acclaim the  
mystery of faith:*

We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.

or

When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.

or

Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.

*At the end of the Eucharistic Prayer:*  
Amen.

## The Communion Rite

Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.

Deliver us...

For the kingdom,  
the power and the glory are yours  
now and for ever.

The peace of the Lord be with you always.  
And with your spirit.

Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, grant us peace.

Behold the Lamb of God...  
Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.

## Communion Antiphon

Since you are children of God,  
God has sent into your hearts the Spirit  
of his Son,  
the Spirit who cries out: Abba, Father.

## Prayer after Communion

May receiving this Sacrament, O Lord our  
God,  
bring us health of body and soul,  
as we confess your eternal holy Trinity and  
undivided Unity...  
Amen.

## THE CONCLUDING RITES

The Lord be with you.  
And with your spirit.

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
Amen.

*At the end of Mass the people respond:*  
Thanks be to God.

## THE INTRODUCTORY RITES

### Entrance Antiphon

Blest be God the Father,  
and the Only Begotten Son of God,  
and also the Holy Spirit,  
for he has shown us his merciful love.

*All make the Sign of the Cross as the priest  
says:*

**Priest** In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**People** Amen.

*The priest greets the people in one of these  
ways:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.

And with your spirit.

or

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

And with your spirit.

or

The Lord be with you.  
And with your spirit.

### Penitential Act

*One of the following acts of penance is now  
made:*

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,

*(all strike their breast and say:)*

through my fault, through my fault,  
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

or

Have mercy on us, O Lord.  
For we have sinned against you.

Show us, O Lord, your mercy.  
And grant us your salvation.

or

Lord, have mercy. or Kyrie, eleison.  
Lord, have mercy. or Kyrie, eleison.

Christ, have mercy. or Christe, eleison.  
Christ, have mercy. or Christe, eleison.

Lord, have mercy. or Kyrie, eleison.  
Lord, have mercy. or Kyrie, eleison.

*After the absolution all respond:*  
Amen.

## The Gloria

Glory to God in the highest,  
and on earth peace to people of good will.

We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.

Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the  
Father, have mercy on us.

For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.

### The Collect

God our Father, who by sending into the world the Word of truth and the Spirit of sanctification made known to the human race your wondrous mystery, grant us, we pray, that in professing the true faith, we may acknowledge the Trinity of eternal glory and adore your Unity, powerful in majesty... **Amen.**

### THE LITURGY OF THE WORD

#### First Reading Proverbs 8:22-31

A reading from the book of Proverbs.  
*Before the earth came into being, Wisdom was born.*

The Wisdom of God cries aloud:

The Lord created me when his purpose first unfolded,  
before the oldest of his works.  
From everlasting I was firmly set,  
from the beginning, before earth came into being.

The deep was not, when I was born,  
there were no springs to gush with water.  
Before the mountains were settled,  
before the hills, I came to birth;  
before he made the earth, the countryside,  
or the first grains of the world's dust.  
When he fixed the heavens firm, I was there,  
when he drew a ring on the surface of the deep,  
when he thickened the clouds above,  
when he fixed fast the springs of the deep,  
when he assigned the sea its boundaries –  
and the waters will not invade the shore –  
when he laid down the foundations of the earth,

I was by his side, a master craftsman,  
delighting him day after day,  
ever at play in his presence,  
at play everywhere in his world,  
delighting to be with the sons of men.

The word of the Lord.  
**Thanks be to God.**

### Psalm Psalm 8

#### R. How great is your name, O Lord our God, through all the earth!

1. When I see the heavens, the work of your hands,  
the moon and the stars which you arranged,  
what is man that you should keep him in mind,  
mortal man that you care for him? **R.**
2. Yet you have made him little less than a god;  
with glory and honour you crowned him,  
gave him power over the works of your hand,  
put all things under his feet. **R.**
3. All of them, sheep and cattle,  
yes, even the savage beasts,  
birds of the air, and fish  
that make their way through the waters. **R.**

#### Second Reading Romans 5:1-5

A reading from the letter of St Paul to the Romans.

*To God, through Christ, in the love poured out by the Spirit.*

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. But that is not all we can boast about; we can boast about our sufferings. These sufferings bring patience, as we know, and patience brings perseverance, and perseverance brings hope, and this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us.

The word of the Lord.  
**Thanks be to God.**

#### Gospel Acclamation

**Alleluia, alleluia!**  
**Glory be to the Father, and to the Son,  
and to the Holy Spirit,  
the God who is, who was, and who is to come.**  
**Alleluia!**

The Lord be with you.  
**And with your spirit.**

A reading from the holy Gospel according to John.

**Glory to you, O Lord.**

#### Gospel John 16:12-15

*Everything the Father has is mine; all the Spirit tells you will be taken from what is mine.*

Jesus said to his disciples:

"I still have many things to say to you but they would be too much for you now. But when the Spirit of truth comes he will lead you to the complete truth, since he will not be speaking as from himself but will say only what he has learnt; and he will tell you of the things to come. He will glorify me, since all he tells you will be taken from what is mine. Everything the Father has is mine; that is why I said: All he tells you will be taken from what is mine."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### The Homily

#### The Profession of Faith

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with  
the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*(all bow during the next three lines)*  
and by the Holy Spirit was incarnate of  
the Virgin Mary,  
and became man.**

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the  
Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the  
giver of life,  
who proceeds from the Father and the  
Son,  
who with the Father and the Son is  
adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.**

**I confess one Baptism for the  
forgiveness of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come.  
Amen.**

*The bidding prayers now follow:*

Let us pray to the Lord.  
**Lord, hear our prayer.**

### THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the  
people acclaim each time:*

**Blessed be God for ever.**

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at your  
hands**

**for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

#### Prayer over the Offerings

Sanctify by the invocation of your name,  
we pray, O Lord our God,  
this oblation of our service,  
and by it make of us an eternal offering to  
you...  
**Amen.**

*The priest gives praise to God and all acclaim:*

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.**

*After the Consecration we acclaim the mystery of faith:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*or*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*or*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*At the end of the Eucharistic Prayer: Amen.*

### **The Communion Rite**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us...

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

The peace of the Lord be with you always.  
**And with your spirit.**

**Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, grant us peace.**

Behold the Lamb of God...

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

### **Communion Antiphon**

**Whoever eats my flesh and drinks my  
blood  
remains in me and I in him, says the Lord.**

### **Prayer after Communion**

Grant, O Lord, we pray,  
that we may delight for all eternity  
in that share in your divine life,  
which is foreshadowed in the present age  
by our reception of your precious Body and  
Blood...  
**Amen.**

### **THE CONCLUDING RITES**

The Lord be with you.  
**And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*At the end of Mass the people respond:*  
**Thanks be to God.**

### **THE INTRODUCTORY RITES**

#### **Entrance Antiphon**

**He fed them with the finest wheat  
and satisfied them with honey from the  
rock.**

*All make the Sign of the Cross as the priest  
says:*

**Priest** In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**People** Amen.

*The priest greets the people in one of these  
ways:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.  
**And with your spirit.**

*or*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.  
**And with your spirit.**

*or*

The Lord be with you.  
**And with your spirit.**

#### **Penitential Act**

*One of the following acts of penance is now  
made:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*(all strike their breast and say:)*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*or*

Have mercy on us, O Lord.  
**For we have sinned against you.**

Show us, O Lord, your mercy.  
**And grant us your salvation.**

*or*

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.  
**Christ, have mercy. Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

*After the absolution all respond:*  
**Amen.**

#### **The Gloria**

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the  
Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the  
Father, have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### The Collect

O God, who in this wonderful Sacrament have left us a memorial of your Passion, grant us, we pray,

so to revere the sacred mysteries of your

Body and Blood

that we may always experience in ourselves the fruits of your redemption...

**Amen.**

### THE LITURGY OF THE WORD

#### First Reading Genesis 14:18-20

A reading from the book of Genesis.

**He brought bread and wine.**

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High.

He pronounced this blessing:

“Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.”

And Abraham gave him a tithe of everything.

The word of the Lord.

**Thanks be to God.**

#### Psalm Psalm 109

**R. You are a priest for ever,  
a priest like Melchizedek of old.**

1. The Lord's revelation to my Master:  
“Sit on my right:  
I will put your foes beneath your feet.” **R.**
2. The Lord will send from Zion  
your sceptre of power:  
rule in the midst of all your foes. **R.**
3. A prince from the day of your birth  
on the holy mountains;  
from the womb before the daybreak I  
begot you. **R.**
4. The Lord has sworn an oath he will not  
change.  
“You are a priest for ever,  
a priest like Melchizedek of old.” **R.**

#### Second Reading 1 Corinthians 11:23-26

A reading from the first letter of St Paul to the Corinthians.

**Every time you eat this bread and drink this cup, you are proclaiming the Lord's death.**

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, “This is my body, which is for you; do this as a memorial of me.” In the same way he took the cup after supper, and said, “This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.” Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord.

**Thanks be to God.**

#### Gospel Acclamation

**Alleluia, alleluia!**

**I am the living bread which has come  
down from heaven,  
says the Lord.**

**Anyone who eats this bread will live for  
ever.**

**Alleluia!**

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Luke.

**Glory to you, O Lord.**

#### Gospel Luke 9:11-17

**They all ate as much as they wanted.**

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, “Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.” He replied, “Give them something to eat yourselves.” But they said, “We have no more than five

loaves and two fish, unless we are to go ourselves and buy food for all these people.” For there were about five thousand men. But he said to his disciples, “Get them to sit down in parties of about fifty.” They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

### The Homily

#### The Profession of Faith

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with  
the Father;**

**through him all things were made.**

**For us men and for our salvation**

**he came down from heaven,**

*(all bow during the next three lines)*

**and by the Holy Spirit was incarnate of  
the Virgin Mary,  
and became man.**

**For our sake he was crucified under**

**Pontius Pilate,**

**he suffered death and was buried,**

**and rose again on the third day  
in accordance with the Scriptures.**

**He ascended into heaven**

**and is seated at the right hand of the  
Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the  
giver of life,  
who proceeds from the Father and the  
Son,**

**who with the Father and the Son is  
adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.**

**I confess one Baptism for the  
forgiveness of sins  
and I look forward to the resurrection of  
the dead**

**and the life of the world to come.**

**Amen.**

*The bidding prayers now follow:*

Let us pray to the Lord.

**Lord, hear our prayer.**

### THE LITURGY OF THE EUCHARIST

*If the prayers of blessing are said aloud the  
people acclaim each time:*

**Blessed be God for ever.**

Pray, brethren (brothers and sisters)...

**May the Lord accept the sacrifice at your  
hands**

**for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

#### Prayer over the Offerings

Grant your Church, O Lord, we pray,  
the gifts of unity and peace,  
whose signs are to be seen in mystery  
in the offerings we here present...

**Amen.**

#### The Eucharistic Prayer

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

*The priest gives praise to God and all acclaim:*

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.**

*After the Consecration we acclaim the  
mystery of faith:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

*or*

**When we eat this Bread and drink this Cup,  
we proclaim your Death, O Lord,  
until you come again.**

*or*

**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

*At the end of the Eucharistic Prayer:  
Amen.*

### **The Communion Rite**

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us...  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

The peace of the Lord be with you always.  
**And with your spirit.**

**Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, have mercy on us.  
Lamb of God, you take away the sins of  
the world, grant us peace.**

Behold the Lamb of God...  
**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

**Communion Antiphon**  
**Bless the Lord, O my soul,  
and all within me, his holy name.**

*or*

**O Father, I pray for them, that they may be  
one in us,  
that the world may believe that you have  
sent me, says the Lord.**

**Prayer after Communion**  
May this divine sacrifice we have offered  
and received  
fill us with life, O Lord, we pray,  
so that, bound to you in lasting charity,  
we may bear fruit that lasts for ever...  
**Amen.**

### **THE CONCLUDING RITES**

The Lord be with you.  
**And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*At the end of Mass the people respond:*  
**Thanks be to God.**

### **THE INTRODUCTORY RITES**

**Entrance Antiphon**  
**All peoples, clap your hands.  
Cry to God with shouts of joy!**

*All make the Sign of the Cross as the priest  
says:*

**Priest** In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**People** Amen.

*The priest greets the people in one of these  
ways:*

The grace of our Lord Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit  
be with you all.  
**And with your spirit.**

*or*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.  
**And with your spirit.**

*or*

The Lord be with you.  
**And with your spirit.**

**Penitential Act**  
*One of the following acts of penance is now  
made:*

**I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have  
failed to do,**

*(all strike their breast and say:)*

**through my fault, through my fault,  
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

*or*

Have mercy on us, O Lord.  
**For we have sinned against you.**

Show us, O Lord, your mercy.  
**And grant us your salvation.**

*or*

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

Christ, have mercy. *or* Christe, eleison.  
**Christ, have mercy. Christe, eleison.**

Lord, have mercy. *or* Kyrie, eleison.  
**Lord, have mercy. Kyrie, eleison.**

*After the absolution all respond: Amen.*

### **The Gloria**

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the  
Father, have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

### **The Collect**

O God, who through the grace of adoption  
chose us to be children of light,  
grant, we pray,  
that we may not be wrapped in the darkness  
of error  
but always be seen to stand in the bright  
light of truth...  
**Amen.**

## THE LITURGY OF THE WORD

**First Reading** 1 Kings 19:16. 19-21  
A reading from the first book of the Kings.

*Elisha rose and followed Elijah.*

The Lord said to Elijah: "Go, you are to anoint Elisha son of Shaphat, of Abel Meholah, as prophet to succeed you."

Leaving there, Elijah came on Elisha son of Shaphat as he was ploughing behind twelve yoke of oxen, he himself being with the twelfth. Elijah passed near to him and threw his cloak over him. Elisha left his oxen and ran after Elijah. "Let me kiss my father and mother, then I will follow you," he said. Elijah answered, "Go, go back; for have I done anything to you?" Elisha turned away, took the pair of oxen and slaughtered them. He used the plough for cooking the oxen, then gave to his men, who ate. He then rose, and followed Elijah and became his servant.

The word of the Lord.

**Thanks be to God.**

**Psalm** Psalm 15

**R. O Lord, it is you who are my portion.**

1. Preserve me, God, I take refuge in you. I say to the Lord: "You are my God."  
O Lord, it is you who are my portion and cup;  
it is you yourself who are my prize. **R.**
2. I will bless the Lord who gives me counsel, who even at night directs my heart. I keep the Lord ever in my sight: since he is at my right hand, I shall stand firm. **R.**
3. And so my heart rejoices, my soul is glad; even my body shall rest in safety. For you will not leave my soul among the dead,  
nor let your beloved know decay. **R.**
4. You will show me the path of life, the fullness of joy in your presence, at your right hand happiness for ever. **R.**

**Second Reading** Galatians 5:1. 13-18

A reading from the letter of St Paul to the Galatians.

*You were called to liberty.*

When Christ freed us, he meant us to remain free. Stand firm, therefore, and do not submit again to the yoke of slavery.

My brothers, you were called, as you know, to liberty; but be careful, or this liberty will provide an opening for self-indulgence. Serve one another, rather, in works of love, since the whole of the Law is summarised in a single command: Love your neighbour as yourself. If you go snapping at each other and tearing each other to pieces, you had better watch or you will destroy the whole community.

Let me put it like this: if you are guided by the Spirit you will be in no danger of yielding to self-indulgence, since self-indulgence is the opposite of the Spirit, the Spirit is totally against such a thing, and it is precisely because the two are so opposed that you do not always carry out your good intentions. If you are led by the Spirit, no law can touch you.

The word of the Lord.

**Thanks be to God.**

**Gospel Acclamation**

**Alleluia, alleluia!**

**Speak, Lord, your servant is listening:  
you have the message of eternal life.  
Alleluia!**

The Lord be with you.

**And with your spirit.**

A reading from the holy Gospel according to Luke.

**Glory to you, O Lord.**

**Gospel** Luke 9:51-62

*Jesus resolutely took the road for Jerusalem. I will follow you wherever you go.*

As the time drew near for him to be taken up to heaven, Jesus resolutely took the road for Jerusalem and sent messengers ahead of him. These set out, and they went into a Samaritan village to make preparations for him, but the people would not receive him because he was making for Jerusalem. Seeing this, the disciples James and John

said, "Lord, do you want us to call down fire from heaven to burn them up?" But he turned and rebuked them, and they went off to another village.

As they travelled along they met a man on the road who said to him, "I will follow you wherever you go." Jesus answered, "Foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay his head."

Another to whom he said, "Follow me," replied, "Let me go and bury my father first." But he answered, "Leave the dead to bury their dead; your duty is to go and spread the news of the kingdom of God."

Another said, "I will follow you, sir, but first let me go and say good-bye to my people at home." Jesus said to him, "Once the hand is laid on the plough, no one who looks back is fit for the kingdom of God."

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**The Homily**

**The Profession of Faith**

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with  
the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
*(all bow during the next three lines:)*  
and by the Holy Spirit was incarnate of  
the Virgin Mary,  
and became man.  
For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the  
giver of life,  
who proceeds from the Father and the  
Son,  
who with the Father and the Son is  
adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.**

**I confess one Baptism for the  
forgiveness of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come.  
Amen.**

*The bidding prayers now follow:*

Let us pray to the Lord.

**Lord, hear our prayer.**

**THE LITURGY OF THE EUCHARIST**

*If the prayers of blessing are said aloud the  
people acclaim each time:*

**Blessed be God for ever.**

Pray, brethren (brothers and sisters)...  
**May the Lord accept the sacrifice at your  
hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

**Prayer over the Offerings**

O God, who graciously accomplish  
the effects of your mysteries,  
grant, we pray,  
that the deeds by which we serve you  
may be worthy of these sacred gifts...  
**Amen.**

**The Eucharistic Prayer**

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**